



BRIDGE INTEGRATIVE
HEALTH & NUTRITION, LLC

BUILDING BRIDGES TO BETTER HEALTH

P.O. Box 15116, Washington, DC 20003
(tel) 302-536-WELL (9355) | (fax) 866-406-7798
www.bridgeintegrativehealth.com

CAPABILITY STATEMENT

Bridge Integrative Health & Nutrition, LLC, a Certified Business Enterprise (CBE), delivers HIPAA-compliant, board-certified services to Washington, DC, Maryland, Virginia and nationwide remotely.

CBE# LSR43811022026



NAICS CODES

621399 - Nutrition Counseling, Wellness Coaching

624190 - Corporate Support, EAP Integration

541611 - Wellness Program Integration, Corporate

611430 - Workshops, Employee Training

541613 - Marketing Consulting, Science & Health Communications

CONTACT INFO

Emily Brown, MS, CNS

Founder, Principal Consultant
302-536-9355

emily@bridgeintegrativehealth.com

CAPABILITIES

EXPERTS IN: WELLNESS COACHING, NUTRITION COUNSELING, HEALTH EDUCATION, & CONSUMER HEALTH COMMUNICATIONS

Evidence-based communications and practices for chronic disease prevention and management (i.e., nutrition, stress, and movement/exercise).

DIFFERENTIATORS

Served corporations with employee populations exceeding 1k.

High Engagement: 60% team member participation

Client Satisfaction: 99% of clients recommend wellness coaching services

Strong Referral Network: 50% of clientele

Impactful Results: 100% report reduced turnover & burnout.

PAST PERFORMANCE



Bloomberg
NEWS

